Intersectional harms and their impact on narrative identity of young adults in conflict with the law

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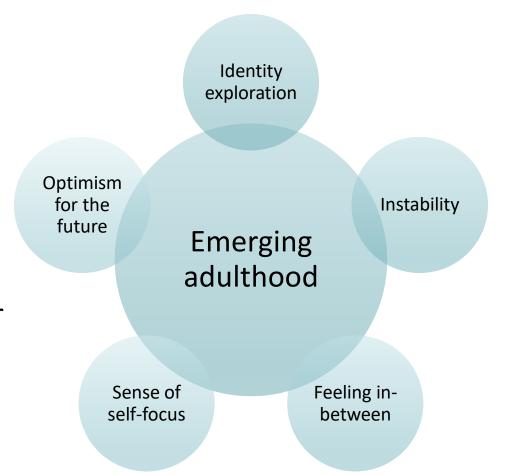
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The features of emerging adulthood

- For a "successful" entry into adulthood, people are expected to achieve 5 milestones:
 - Complete their education
 - Find full-time employment
 - Leave the family home
 - Financially support themselves
 - Get in a committed relationship and start their own family.
- * Few studies look at the experiences of vulnerable populations in emerging adulthood.



Objective

- Given the importance of identity development in emerging adulthood and desistance from crime :
 - Further our understanding of the complex interplay between agential and structural factors that underlie the changes in identity of people aged 18-25 years old that are in conflict with the law



What does emerging adulthood look like for people in conflict with the law?

Achieving cultural norms and expectations

Challenges

- Substance use and/or mental health issues
- Lesser academic achievement
- Difficulties finding stable, meaningful, and legitimate employment
- Trauma and losses
- Limited human and social capital
- Feelings of helplessness, inadequacy, frustration, and hopelessness

Opportunities

- Increase in self-control
- Increase in prosocial attitudes
- Heightened sense of self-efficacy
- Heightened sense of autonomy
- Future orientation
- New social environments/networks

(Re)establishing meaningful social bonds and prosocial actions in everyday life

Entering adulthood dragging wounds from the past

- Going through the justice system exposes emerging adults to stigmatization, marginalization, and social exclusion.
- This adds to the significant challenges many of them already faced in their life course:
 - Adverse childhood experiences
 - Behavioral, emotional, relational, and academic challenges
 - Mental health and substance abuse issues
 - Challenges in the family environment
 - Disadvantaged socioeconomic background
- These experiences have a cumulative effect, which is likely to impair their social and community (re)integration and their identity development.
- * Structural factors, such as social inequalities, must be incorporated in our efforts to better understand identity processes (Syed & McLean, 2021).

Intersectional harms and identity development

- The intersectionality perspective supposes that (Potter, 2013, 2015):
 - There are multiple and multiplicative power differentials in the ordering of social attributes.
 - "Individual have multiple intertwined identities that are developed, organized, experienced, and responded to within the context of social structure and its dis/advantaged ordering" (Potter, 2015, p. 76).
 - The multiplicity of systems of oppression shapes social positions and how to navigate individual and social structures.
 - Individuals have unique experiences: they have a differential access to power and resources depending on their social position.

Methodology

- (RÉ)SO 16-35 partnership research program Axis I
- Semi-structured interviews with people in conflict with the law aged 16-35 years old
 - Themes: identity, delinquency, use of services, mental health, substance use, social relations, judicial and correctional services
- For this presentation: 20 people aged 18-25 years old at the time of the first interview were located and agreed to participate in a second interview
- Subsample (n = 11) selected based on the following diversifying criteria:
 - Sexuality (male, female, non-binary); race/ethnicity; mental health diagnosis; substance abuse issues; juvenile justice system involvement; educational attainment; employment
- Thematic analysis (Braun & Clarke, 2019)
 - Comparative and iterative process

Preliminary findings

Participants' initial position in the social structure

	Sexuality	Ethnicity	Age T1	ACEs	cws	IJ	Mental health	Substance abuse	School achievement	Job	Incarceration	Social welfare
David	M	Can/W	25	-	-	-	X	X	Prof.	-	X	X
Felix	M	Can/W	25	-	-	X	X	X	Gr. 9	X	X	-
Benoit	M	Can/W	21	X	X	X	X	X	Gr. 10	X	X	-
Victor	M	Russian	23	X	X	-	X	X	Gr. 8	-	X	X
Arthur	M LGBTQ+	First nat.	18	X	X	X	-	X	Gr. 9	-	X	-
Timothé	M	Can/W	18	X	X	X	-	X	Gr. 7	-	-	-
Claudine	F	Can/W	24	-	-	-	-	-	Prof	X	X	-
Patrick	M	Can/W	18	-	X (P)	X	-	X	Gr. 6	X	-	-
Clémence	F	Can Ital/Afr	18	X	-	X	-	-	College	X	-	-
Claude	N-B	Can/W	22	X	X	-	X	X	Gr. 10	-	-	X
Francis	M	Fr/Alg.	23	-	X	X	-	-	Gr. ?	X	-	-

An evolving sense of self

- We explored participants' sense of self using direct prompts about their qualities and faults (self-perceptions, looking-glass self).
 - Loyal, organized, determined, sociable, altruistic, good listener, good friend, etc.
 - Nomad, ADHD, substance user, parent, etc.
 - Impulsive, hasty, bad character, aggressive, not intelligent, bad at school, etc.
- Throughout the interviews, when narrating various life stories, a more nuanced sense of self emerged.
- Some of them recognized that their "bad" behavior was their choice and thus, they were to blame for the position they currently find themselves in:
 - "Bad kid"; "I was too much to handle", "I was always looking for trouble", "It's my fault I'm the one who's responsible"

Sources of recognition

Sources of misrecognition

Intersectional harms and identity development

- Their sense of self is still "under construction", while they are engaged in a meaning-making process of what they went through.
 - "Of course you feel judged. But you end up there because of choices you made. Whether you made them consciously or not, whether you had a reason to or not. You still made them and you have to own them. When you get really tired of it, you'll get your ducks in a row and get your life on track." (Francis, 23)
 - "When I was a kid, I told my parents I wanted to be a gangster. I wanted to sell drugs, smoke pot, etc. So I was proud [of going to prison], but at the same time I wasn't proud... My feet and my hands were chained and I was saying to myself: I'm happy! I am a rebel! But I realized while in prison that maybe it wasn't such a good thing. [...] I don't want to go back." (Victor, 23)
- Identity conflict oftentimes emerged because participants either minimized the consequences of their actions or blamed actors of the justice/correctional system for overreacting:
 - "If she revokes me for that...", "If I have a breach, come on, I just...", "I didn't kill anyone", "I know my limits, I drank but I wasn't drunk when I took the wheel, I would never do that..."

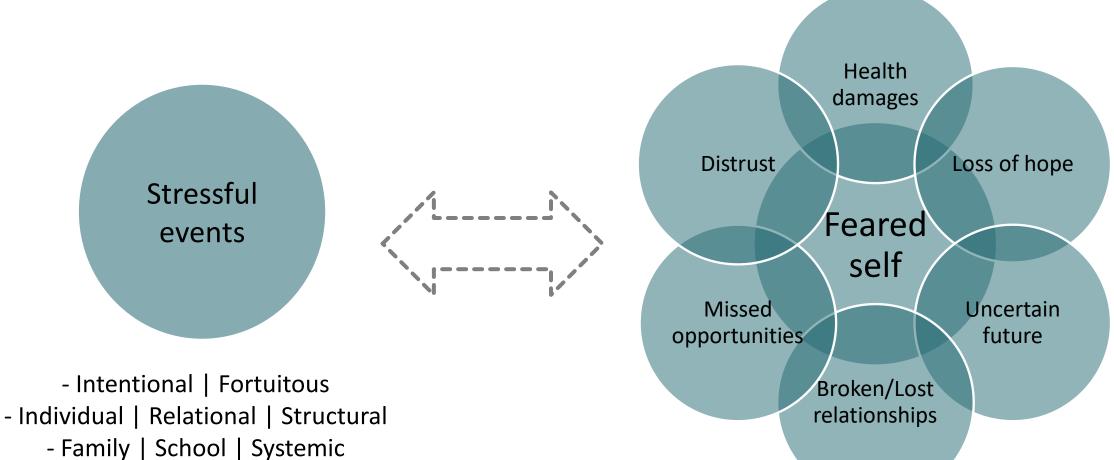
Intersectional harms, meaning-making, and identity development

- Some had "fun" during their incarceration:
 - They made friends
 - They had positive interactions with correctional officers
 - They found (illegal) ways to maintain contacts with their families/friends/loved ones
 - They found (illegal) ways to get drunk or use drugs
- Some had not dealt with their past traumatic experiences and still struggled with what they went through. Not addressing these issues has a detrimental impact on their well-being (e.g. feelings of anger, sadness, insomnia) and can hinder the desistance proces

 Risk of relapsing
 - "Honestly, it left a mark, the stress. Now, I have anxiety attacks. Mostly at nights. Thave trouble sleeping. I get anxious and have to take a bath to make myself relax. Mostly at nights. During the day top, when I have a big source of stress" (Patrick, 18).

Recidivism/Breaches

Intersecting harms and identity development



Intersecting harms, the feared self, and the possible self

Possible self

- Integrate intervention tools to help people engage in a narrative process to give meaning to their life stories → develop agency
- Foster opportunities for identity exploration



Stressful events Feared self

- Devise and implement policies mindful of potential intersectional harms – thus of individuals' positions in the social structure
- Carefully assess potential harms and their impact on the individual's sense of self

THANK YOU!

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