



The Right to Be Cared For

An Ethic of Care Approach to Better Understand How Youth with Substitute Care Experiences Wish to Be Cared for During their Interactions with Counsellors

Laurence Magnan-Tremblay, Ph.D(c) Université de Sherbrooke, Quebec, Canada

Mathilde Turcotte, Ph.D CIUSSS du Centre-Sud-de-l'île-de-Montréal, Quebec, Canada

Natacha Brunelle, Ph.D Université du Québec à Trois-Rivières, Quebec, Canada

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BACKGROUND



Placement in substitute care



Rebalancing intervention practices



Youth's perspective



United Nations SDG 16

RESEARCH QUESTION

How adjudicated youth perceive their interactions with the counsellors they engage with during their substitute care experiences?



METHOD



Research Project (*RÉ*)SO 16-35





Semi-directed interviews from initial research project

- Substitute care experiences
- Interactions with counsellors during care experiences



20 adjudicated youth

- Aged 16-33
- Mostly males
- Residential care setting
- 1 or 2 different placement types



Secondary thematic analysis

 How counsellors took care of youth

Research design

Data source

Participants

Analysis

FINDINGS

Interactions that promoted trust and responsiveness

Sincere concern for young people

Individualized care

Predictable rules applied with honesty and transparency

Flexibility in applying rules and restrictions

Sensitivity & Empathy

Availability & Commitment

Knowing what to expect

Latitude & Permissions granted

Understanding & Thoughtfulness

Youth having agency

Opportunity to change

FINDINGS

Interactions that provoked resistance

Inconsistency in applying rules and restrictions

Varying, inequitable and contradictory restrictions

Restrictions deemed unfair or too harsh

Measures applied regardless of youth's guilt

Excessive control & Abuse of power

CONCLUSIONS



Fostering reciprocity and interdependence before the end of services



Fostering youth's agency in their interactions with counsellors

Laurence Magnan-Tremblay

- laurence.magnan-tremblay@usherbrooke.ca
- https://www.researchgate.net/
- 2 University of Sherbrooke, Longueuil (Québec, Canada)

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